

STATEMENT OF PURPOSE

Nursing is a profession which develops and maintains optimal health and quality of life. It teaches nursing professionals to develop their qualifications and knowledge in the field of health, medicine and treatment. It is a profession where large number of people collaboratively works (i.e. physicians, therapists, the patient and patient's family) to maintain quality life. Besides, being good nursing practitioner, she is also a person with great quality of sympathy and empathy. It is irrefutable fact that nursing is never ending, challenging, educative and life saving occupation. It acknowledges nurses to be creative, polite and teaches communication skills. I am motivated to achieve higher degrees in Masters of Nursing Practice because of my past educational background i.e. Bachelor's of Nursing Science. On the top of that this is the only profession I am fascinated for since my early ages.

GAMA EDUCATION

INTRODUCTION

With due respect, I am Miss Bindu Pokhrel, daughter of Mr. Kabi Ram Pokhrel and Late Mrs. Pabitra Pokhrel, a permanent resident of Bargaddhi 03, Ghorahi, Dang, Nepal. I was born on 1st May, 1994. I am the youngest child of my parents.

I am pleased to write this statement of purpose, to upfront myself with my intention to study Masters of Nursing Practice in your University i.e. University of New England, Armidale, Australia.

FAMILY BACKGROUND

I belong to a middle class family. There are four of us in my family- father, mother, elder brother and me. My father is a businessman.

He is a managing director of Krishna Store since December, 2012. My mother is a housewife and also looks after agricultural products cultivated from her own land. My elder brother works at one of the Nepal's largest organization Nepal Telecom as a Senior Engineer. I have sound relationship with my every family members. As they are well established in different sectors and they will be sponsoring me for my education and living expenses while staying in Australia.

ACADEMIC QUALIFICATION

Since my initial years in academic field I was considered as one of the sincere, honest, dedicated and hardworking student and on top of that I have had taken studies as indispensable part of my life. I have completed my secondary education and received School Leaving Certificate from Alpha English Medium Secondary Boarding School scoring 71.63% in 2010. I have completed my schooling from my hometown Dang. After accomplishing my S.L.C. level I persuaded my parents to study my higher secondary education from capital city Kathmandu, Nepal and so happened in the year 2011 where I commenced science stream with the major subject biology. In the year 2012, I finished my intermediate level from Caribbean Higher Secondary School with aggregate 60% (first division). After intermediate level it was quite tough for me to convince my parents for my interest in nursing field because my parents wanted me to obtain my career in other field like banking which was out of my box. However, at the end I successfully persuaded them and it was the moment when I felt like I was on seventh heaven. I opted India as my bachelors study destination because there was not a single nursing institute at my hometown, and those that were available in capital city had limited seats for nurses. With great hope and positivity I entered into nursing career in the year 2012 from Combined (P.G.) Institute of Medical Sciences and Research Dehradun, India which was affiliated by Hemwati Nandan Bahuguna (HNB) Garhwal, University. It was 4

years bachelor study in nursing science where I got both theoretical as well as practical knowledge in various areas like midwifery and obstetrical nursing, community health nursing, medical surgical nursing (adult and geriatrics), child health nursing, mental health nursing. My college has its own renowned hospital named as CIMS hospital located in Dehradun city. Thus, I was benefitted by good practical hours where we were guided by skilled nursing tutorials, doctors and other medical personnel. CIMS hospital has its own Intensive Caring Unit (ICU) where I was posted as a nurse. That opportunity gave me chance to evaluate and carry nursing procedures in critically ill patients too.

In addition to this I had participated in national conference on “Innovations in Nursing; A key to develop and reform the standard of nursing education and its practices” and also was awarded as third competitor on poster presentation. Similarly, I have participated in various social services in rural areas of Dehradun, India. On top of that I have completed my 4 years bachelor with aggregate of 75% as well as required internship hours (i.e. prescribed hours 1150 and allocated hours were 1200). In 23/2/2017 I completed my bachelors and came back to Nepal with all required documents. As it is totally forbidden to work without being a registered nurse thus, after months of preparation I successfully passed nursing license examination taken by Nepal nursing Council and held degree in 9th July, 2017. After a month in 6th August, 2017 I started working as a nurse in Buddha Minimal Access Intervention Pvt. Ltd Kathmandu. I worked there for around 3 months and in 18th October, 2017 I left my job.

For my further study, I had been planning to study abroad since completion of my bachelor’s level and I always have a great dream to gain Australian educational qualification. For the same dream, consulting with various educational consultancies who suggested me to take English Proficiency Test (IELTS). So, with an aim to give full concentration in International English Language Testing System (IELTS), I left my job, however, I have learnt crucial

nursing intervention during those 3 months period where all the co-operative staffs taught me to work in Out Patient Department (OPD), In Patient Department (IPD) and in Post-Operative Ward (POW).

Thus, I took 2 months of IELTS class i.e. from November, 2017 to December, 2017. I took next two months to built up my confidence level. Then, in 3rd March, 2018 I gave my examination. Few months of IELTS led me towards satisfactory results i.e. overall 6.5 (speaking-7.0, listening-7, reading-6 and writing-6). I have strong desire to accomplish my higher degree (Masters In Nursing Practice) in University of New England Armidale, Australia.

REASON FOR NOT CHOOSING NEPAL

In context to Nepal, there are limited colleges for Masters in Nursing. There are total 4 universities in Nepal (Tribhuvan University, Pokhara University, Kathmandu University, Purbanchal University) which provides masters degree in Nursing. Moreover, these universities select students on the basis of race, and gender with limited seats.

Furthermore, the courses in masters have no wider choices of subjects in universities of Nepal. Each and every sectors in Nepal has been affected by poor political system including education sector because of which none of the courses get accomplished in due date which directly creates time loss for the students.

Nursing students need to be practically skilled because one wrong nursing practise to the patient can lead to the death. However, Nepal's education system is more theoretically based learning rather than practical skills due to lack of materials availability which includes research amenities which does not lead to profound pragmatism. Hence, the education gained by the students is not globally competitive.

Studying abroad is the fundamental way to learn an international language. It also provides wide range of opportunities for travelling. It makes student independent and to adjust in new ambiance as a result person improves their social life as well. These are the reasons why I have chosen international platform so that I can enhance myself in the desired field.

REASON FOR CHOOSING AUSTRALIA

Reasons for choosing Australia for higher degrees are endless. Going through lots of sites that I visited has helped to decide the abroad destination. Some sites that I went through are: (<http://www.studiesinaustralia.com>, <https://www.studyinaustralia.gov.au/>, <http://www.bordergov.au>, <http://internationalstudent.com>, <http://www.goabroad.com>).

- **Transquil and Safe study environment:**

Australia is best known for the safety of the international students. The crime rate in Australia is lower as compared to other nations which enhances towards conducive study environment. Moreover, the Australian Government according to the ESOS Act 2000, has provides rights as TPS (Tuition Protection Service) to maintain and protect the rights of international students. Australian universities also provide the PSW (Post Graduate Work) Services for the students who complete post graduation. It is the facility to work for 2 years after the completion of masters in the relevant field.

- **Australia offers world class education:**

The fundamental reason for selecting Australia is that the Australia provides dynamic and progressive education program with a reputation for excellence, globally recognized courses and qualification. In the latest QS world University Rankings, among 100 universities 8 top most universities lies in Australia.

- **Australia is culturally diverse:**
Secondly, Australia is a country with diverse culture and safer environment and ranks as third most sought destination for international students with its universities consistently ranked among top universities in the world. Student comes from all around the world which helps to know about the culture of many other countries.
- **Australia is a beautiful country with plenty to see and do**
Australia has number of world heritage sites such as: Queensland's Great Barrier Reef and Uluru Kata Tjuta National Park in the northern territory. On the top of that beautiful white sand beaches or famous landmarks like: Sydney's Opera House. 5 cities among the top 30 world class best cities are located in Australia. They are: Sydney, Melbourne, Hobart, Cairns and Perth.
- **Australian Universities with Strong Global Research:**
Australian universities have already proved its strong research and some important discoveries are: Penicillin, IVF and Wifi which is the best example for students to choose Australia as their student destination.
- **Cost of Living:**
Living expenses and tuition costs are considerably lower in Australia. International students can easily afford it. There is also facility of scholarship for international students who can fulfil particular requirement given by the universities.
- **Diversity of Education:**
Universities and the colleges in Australia offer a wide variety of courses and degrees. Australia has 1100 institutions with 22000 courses. Australian education provides vocational /trainings education as well as other higher degrees. So, international students can easily find out the institution and field that are right for them.

Additionally, nursing education in Australia is world renowned to be practical with primary focus on employment which exactly fits my expectation. Higher degrees from Australia help to find out prominent and renowned position in my country.

REASONS FOR NOT CHOOSING US, UK and Canada

Students today mostly prefer Australia rather than other countries. They look up for the place where they can find great facilities and can afford with fewer expenses. USA, UK and Canada being the countries besides Australia for study I selected Australia because of the following reasons:

USA: USA has long application processing procedures. Taking only IELTS exam does not fulfill the criteria to admit in universities in USA. USA student visa requirements include other tough examinations for application processing. For instance: GRE, GMAT, TOEFL. Furthermore, USA has more crime rate than Australia.

UK: UK has most changing immigration rules that make visa processing difficult. The dollar price of UK is higher than that of Australia which makes the cost of living and studying high.

Canada: The climatic condition of Nepal is moderate. The average temperature during summer rises till 27 degrees and during winter it lowers down to 0 degrees. The climatic condition of Canada is too cold for me to adjust. During winter it lowers down to -32 degrees. The Australian temperature is similar to Nepal's weather condition. So I chose Australia.

WHY UNIVERSITY OF NEW ENGLAND?

Choosing university was a tough process for me. I consulted with various educational consultancies and went through different websites of Australian universities. Looking after various facilities (offered courses, scholarships, home stay, and affordability and so on) finally I found University of New England after a long search which exactly fits my desired requirements.

Some main reasons behind opting this university:

- **Affordable fee structure**

The total annual tuition fee for Masters of Nursing (Practice) is AUD 26,000. As compared to other universities it provides quality education in affordable price. For instance: The annual fee of University of Melbourne for Masters of Nursing Science is AUD 30,240. Similarly, University of Queensland has annual fee of AUD 31,632, Western Sydney University has annual fee of AUD 27,560, University of Sydney has annual fee of AUD 35,500 and Curtin University has annual fee of AUD 32,600. This shows that the University of New England has low cost for post graduation in Nursing among other universities.

- **Sport UNE** — UNE offers students a great range of on-campus sporting facilities, including rock climbing, soccer, yoga, archery, hockey and basketball. I was fascinated by these sorts of facilities.
- **Café Life** — located in the centre of the campus, the Café is a great place for lunch, snacks or an espresso coffee during the day. The main cafes are : The Brasserie and Courtyard Café that are located in the historic Booloominbah homestead which . One can relax with coffee and cake or enjoy excellent food for breakfast or lunch throughout the year.

- **Campus Essentials** — A retail shop, newsagent and post-office rolled into one, Campus Essentials has everything needed for life at UNE.
- **United Campus Bookshop** —The University also offers stocks of all current student textbooks.
- **Medical Centre** — The UNE Medical Centre is located within the Tablelands Clinical School building, adjacent to Armidale Hospital in Butler St. International students are able to access this facility and use their Overseas Student Health Cover (OSHC) for a number of different health services.
- **Childcare** — UNE offers childcare to staff and students at a university managed centre called Yarm Gwanga (meaning 'place for children') including long day care, residential and vacation care.
- **Access to Money** — The Armidale campus also has ATMs, a local Credit Union branch and a variety of student welfare services.

Furthermore, University of New England is a public university in Australia with approximately 22,500 higher education students. It is originally based, globally networked university that is renowned for the quality of its student experience and the excellence of its research. The original campus is located in Armidale in northern central New South Wales which is 475km from north west of Sydney. UNE is also popular as first Australian university established outside a state capital city.

History:

UNE was originally established in 1938 as the New England University College, a college of the University of Sydney. It became fully independent in 1954. when UNE became Australia's first regional university. It pioneered the delivery of external degrees of a quality with traditional on-campus degrees and has subsequently become Australia's most experienced and innovative provides of distance education.

UNE has nearly 20,000 off campus students and supports these students through study centres in NSW (Paramatta, Sydney). These centres give UNE students living in those communities direct access to the Armidale campus via the latest online and video conferencing technologies.

Students can choose from a diverse and attractive portfolio of professional courses in education and health, economics, business, law, medicine, social and behavioural sciences. These courses are complemented by the traditional arts and humanities disciplines in which the university enjoys a strong reputation.

UNE has a proud history of high quality research, with an emphasis on tackling complex questions in rural and regional Australia. The university has developed a close network of international research partners through which it works to improve health, productivity and quality of life to communities outside metropolitan areas not only in Australia but across the developed and developing world.

Within Australia, UNE has strong industry links that are reflected in research collaborations with 25 research centres and institutes. Focus areas include animal genetics and breeding, agriculture and law, social science, local government, poultry, sheep and spatial information.

Browsed courses-

1. Foundation studies
2. Undergraduate
3. Bachelor honours
4. Postgraduate
5. Postgraduate research
6. Other

Why ARMIDALE?

The primary benefit of choosing Armidale as a study destination is because of healthy environment and tranquil ambience. We can enjoy healthy and active lifestyle with access to shopping, gourmet food, top sporting facilities and cultural delights all for a fraction of the price that we would expect to pay in a major city. The chaos in the cities directly harm to the study as it is hard to get conducive education surrounding.

Moreover, compared to rental costs in a major city, living in Armidale is relatively inexpensive. Similarly, because of less population there are no major traffic congestion issues do we won't have any problems getting to university of New England on time and keeps free from accidents too.

WHY MASTERS OF NURSING PRACTICE?

The masters of nursing practice is a professional entry degree course designed for those who hold an existing AQF level 7 bachelor degree or equivalent qualification and who are seeking a career change to the nursing profession. It is a course that can make one eligible for registration as a nurse. It covers the diverse range of simulated practise and fieldwork, interprofessional learning, contemporary blended learning and advanced clinical development. It encourages to integrate evidence based theory and clinical practise. Nursing courses includes physical, biological, psychological and social sciences.

UNE offers a safe, pleasant rural environment for study and equips nursing graduates with the knowledge and skills to function in both metropolitan and rural health care settings. This is important as UNE nursing graduates are well regarded by employers in the healthcare sector.

Masters of nursing practice has a wide variety of career options and pathways. As UNE is renowned university globally thus Australian

education degree is considered quality education all over the world including my country Nepal. Nurses can get employment in the public or the private healthcare sectors and works in hospitals, community health centres and clinics in rural, regional and metropolitan settings.

The length of this course is 2.5 years, which includes 5 trimesters. The first 2 units are offered in Trimester 2 or Trimester 3 and are available on campus only. Advanced standing for these units will be commenced in Trimester 3 or Trimester 1 and have the option of studying on or online. The total cost of this course is AUD 26,000.

FUTURE PLANS AND SALARY EXPECTATIONS

After completion of my higher degrees from UNE I intend to be back to my home town Dang, Nepal. After completion of Masters of Nursing Practise, I will join Post study Work (PSW) which is very important to gain the real time experience and understand the global trade in the sector of health sector. After PSW I will return to my homeland with globally recognized degree and working experience in international environment. My ultimate dream is to become a registered nurse. Besides that I also aim to work as a nursing teacher in my own country, for that I should prepare myself first and best way to gain such knowledge is to work in a successfully running organization will have a global education which will be recognised.

After gaining international degrees a wide range of job opportunities will be there for me in my country Nepal. As employers give more priority to the one who has achieved international degrees because of quality education which is pragmatically based. I can work in nursing universities as a lecturer, in the hospital as a nurse and clinical instructor. Likely nurses can also work in NGO's and INGO's which works to reduce illness and treat needy person. I have a great dream to be a best nursing practioner and help people in the respected field. Nepal is a developing country and lacks skilled person in every sectors where health and medicine is also the one area.

I would love to give a hand through various organizations (INGO'S and NGO'S). For example Sunaulo Pariwar Nepal, Santa Bhawan Nepal, Phase Nepal, Red Cross Nepal, RTI Nepal, UNICEF, UNDP, WORLD BANK, HEALTHY NEW BORN NETWORK, Family Planning Association of Nepal, Child Welfare scheme and many more. I will be appointed as a registered nurse in these sorts of organizations. The major requirement for the employee of an INGO is fluent English language as well as the nursing liscence. To work in this field mostly medical profound knowledge is the major requirement which is only possible by accomplishing my nursing studies over any Australian institutions. Hence, the basic salary of a nurse in NGO and INGO starts from NRs. 70,000-80,000. I have also expected to gain this much of salary and can maintain a quality life. As mentioned earlier my home land Nepal is backward in health sector. The people from rural areas do not get the facilities as per requirement. Moreover, the people here are not rich enough. Most of them lie in the poverty line and cannot afford to cure themselves. There are less number of health specialists and health centres. So, involving as a member of these kinds of organizations I can serve these needy people working as a volunteer nurse free of cost.

Similarly, I can also work as a nurse in hospitals located in my own country. Some top hospitals are: Norvic Hospital, Bir Hospital, Bal Kanti Hospital, Grande Hospital, Teaching Hospital, Gandaki Hospital, Fewa City Hospital, Metro City Hospital, Medi City Hospital, Nidhan Hospital, Alka Hospital and many more. I can also work as a clinical tutor who can teach junior ones who show their active presence in the field of nursing.

Being a nurse means to serve people selflessly for the welfare of the needy people. I from my nature being a kind hearted, dedicated and hard working person was very fascinated towards this field. I have some responsibility towards the nation and people in my own country. After completing the course I assure to serve the people of

my nation with whatever the skills and techniques that I learn and enhance the health sector. I also aim to change the continuing context and situation of Nepal in the health sector and believe to improve it.

RETURN INVESTMENTS

Procuring the knowledge from any foreign land is quite a challenging job. The qualitative and recognized qualification achieved from the Australian university can totally bring changes in my education and make me globally accepted in the continuing field. Moreover, the rights like PSW (Post Graduation Work) after my completion of study can uplift the techniques of an international student studying in Australia as the students are allowed to work in the relevant sector for 2 years under the supervision of expert professionals. The laboratory and research facilities provided to the international students especially students from Nepal where they lack behind in every sector due to the lacking required materials can obtain much more knowledge and thus, the skills gained from the university can help me build and enhance myself in the related field.

As the investment done for my post graduate degree in Australian University is a huge amount but I am confident that I will be able to atone all the money as I complete my 2 years course. Nepal in the health sector is backward. There is countable number of healthcare centers and health specialists in urban areas which provides required facilities to patients but the needy people of rural areas are not able to get desired treatments. Due to this poor system, lacking manpower and knowledge in the health field I wanted to study this subject and will return back and work in the same field. In Nepal normal payment for nurses annually is Nrs. 30,000- 40,000 i.e. 3-4 Lakhs but if I upgrade my education through the foreign land I will

be paid up to Nrs. 80,000-90,000 i.e. 9-10 Lakhs annually which shows that I can receive double the salary that I would receive studying here. Hence, I will be surely able to pay back all my expenses after the completion of masters in nursing practice from Australia.

INCENTIVES TO RETURN BACK TO MY HOME COUNTRY:

After graduating from Australia, with knowledge in mind and degree in hand, I look forward to return to my homeland and serve my fellow citizens with the help of knowledge and skills that I will acquire from Australia to uplift health sector in my own soil. I am a citizen of Nepal by birth and descendent, I have completed right to enjoy all the facilities guaranteed by the constitutional of Nepal to its citizens. Simultaneously, I have complete faith, dedication, honesty and immense love for my home country. I am a temporary applicant and mean to come to Australia with the main motive of academic purpose and have the capability i.e. (financial, educational) to manage and successfully complete my post-graduation. Wherever I am planning to stay temporarily in Australia for purpose of my study and enhancement, I have desire to come back to my home country and live rest of my life being a respected nursing professional and a responsible citizen.

Besides that, all my family members are here and I have number of duties and responsibilities towards my parents and family I will have to look after my family and properties. My parents are my biggest heroes and they have supported me in each and every step of my life so I cannot run away from responsibilities as I have to take care of them in their old age. I have full emotions, sentiments which always lies for my family, friends and hometown where I have passed beautiful unforgettable moments of my life. So, I would like to declare that I have no intension to stay in Australia more than my study period. I see tremendous opportunity from my career prospective as nurse in various organizations in Nepal as I

will have an Australian degree. So I have no reason to stay in Australia after the completion of my Master's degree.

VISA OBLIGATION

I am fully aware of all the obligations of a student under higher education visa subclass 500. I will abide by all the rules and regulations of Australian government. I will respect each and every rules and regulations of university and Australian government and will do my best to make it better at the university. I am aware about student visa subclass 500 and its conditions:

- I must maintain at least 80 percent attendance.
- I must score minimum 50 percent in each exam to pass.
- I cannot work more than 40 hours per fortnight.
- I must maintain OHSC insurance till I stay in Australia.
- I must notify my education provider if there is any change in my address or any other circumstances.

Finally, I want to assure you that I have genuine plan to study my desired course in Australia and return to home nation after completion of my studies. I will complete my course with good grades and will follow entire visa obligation.

Looking for your kind considerations and positive response.

Yours Sincerely

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